

J.J. College of Arts and Science (Autonomous)
Department of Physical Education

Proposed Course Structure based on TANSCHÉ and UGC - LOCF
(Choice Based Credit System)
(Applicable for the Candidates admitted from academic year 2023-2024 Onwards)

B.Sc. Physical Education, Health Education & Sports - Semester I

Sl.No.	Course Category	Course Code	Course	Overall Credits	Total Contact Hours/Week	Marks		
						CIA	ESE	Total
Semester I								
1	Part - I	U1R3TL1/ HL1/FL1	Language - I (Tamil/Hindi/French)	3	6	25	75	100
2	Part - II	U1R3EL1	Language - II (English)	3	6	25	75	100
3	Part - III	U1R3PECC1	Foundation of Physical Education and Sports	5	5	25	75	100
4		U1R3PECC2	Theories of Games and Sports - I (Basketball, Kabaddi, Badminton)	5	5	25	75	100
5		U1R3PEDSE 1:1/ 1:2	Anyone from the List	3	4	25	75	100
6	Part - IV	U1R3PESEC1 (NME)	To be opted from other Department	2	2	25	75	100
7		U1R3PEFCP	Practical I - Games and Sports - I (Basketball, Kabaddi, Badminton)	2	2	40	60	100
Total				23	30			700

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B.Sc. Physical Education, Health Education and Sports - Semester II

Sl. No.	Course Category	Course Code	Course	Overall Credits	Total Contact Hours/Week	Marks		
						CIA	ESE	Total
Semester II								
1	Part - I	U2R3TL2/ HL2/FL2	Language - I (Tamil/Hindi/French)	3	6	25	75	100
2	Part - II	U2R3EL2	Language - II (English)	3	6	25	75	100
3	Part - III	U2R3PECC3	Organization, Administration in Physical Education	5	5	25	75	100
4		U2R3PECC4	Anatomy and Physiology	5	5	25	75	100
5		U2R3PEDSE2	Theories of Games and Sports – II (Volleyball, Kho-Kho and Football)	3	4	25	75	100
6	Part - IV	U2R3PESEC2 (NME2)	To be opted from other Department	2	2	25	75	100
7		U2R3PESEC3P	Practical – Games and Sports – II (Volleyball, Kho – Kho and Football)	2	2	40	60	100
Total				23	30			700

Principal

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